



SCHOOL DISTRICT OF MONROE

Preparing for the Future, One Child at a Time

Child Development

Course Description:

The curriculum for this elective course is developed from the Wisconsin Standards for Family and Consumer Sciences. Students will examine the essential characteristics of being an effective parent. Students will identify challenges and options for teen parents. Students will discover how the health of the mother affects herself and her unborn child. Students will list physical, intellectual, emotional and social milestones from birth to 3 years of age. Students will participate in The Reality Baby Care Program and The Empathy Belly. Grades are determined by quizzes, tests, projects and daily work.

Mastery Standards:

Analyze expectations and responsibilities of parenting. (PI.a.10.h)

Explain nurturing practices that support human growth and development. (PI.b.9.h)

Analyze biological processes related to prenatal development, birth and health of child and mother. (PI.d.7.h)

Analyze the emotional factors of prenatal development and birth in relation to the health of parents and child. (PI.d.8.h)

Unit	Description of Unit and Learning Targets
<p>Unit Title: Learning About Children</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> How might studying the different aspects of child development better help a person to understand themselves? 	<p>Students will.....</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Explain how typical behaviors can help you better understand children. Compare and contrast leading theorists on how children develop. Defend how heredity and environment are important to development. Describe how self esteem and development are interrelated.
<p>Unit Title: The Challenges of Parenting</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> How have the changes in our family structure created unique challenges in the ways we meet the basic needs of our family members? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Describe the challenges and rewards of parenthood. Explain how resource management skills relate to parenting. Evaluate the challenge of teen pregnancy.
<p>Unit Title: Building Strong Families</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> Do limits that are set by parents benefit their children or do they restrict their development as they strive for autonomy? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Compare different types of family structures. Identify ways people can build strong families. Describe the three parenting styles and characteristics of each. Identify ways of dealing with inappropriate behavior.
<p>Unit Title: Prenatal Development</p> <p><u>Essential Questions:</u></p>	<p>Students will...</p> <p><u>Learning Targets:</u></p>

<ul style="list-style-type: none"> Should women be held criminally accountable for knowingly exposing their unborn child to practices that are developmentally dangerous to the baby (ie. drug use, alcohol consumption, smoking)? 	<ul style="list-style-type: none"> Identify and explain the 3 stages of prenatal development. Describe how personal characteristics are inherited. Evaluate possible solutions for infertility. Identify some major birth defects. Describe how birth defects can be diagnosed and prevented. Describe how alcohol and drugs affect pregnancy.
<p>Unit Title: Preparing for Birth</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> Why is it important for a mother to take care of herself while she is pregnant? Why is it important to understand the development that takes place in utero? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Assess the importance of good medical care during pregnancy. Construct a nutritious diet for expectant mothers Describe the decisions parents must make for the physical needs of their baby. Compare and contrast different types of delivery.
<p>Unit Title: The Baby's Arrival</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> What are the reasons a woman may select one type of delivery over another? Since each delivery is unique, what in general should be expected? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Describe signs that indicate labor. Summarize the three stages of labor. Identify the physical changes of a newborn. Summarize the physical and emotional needs of a mother and baby.
<p>Unit Title: Physical Development in the First Year</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> What are some physical changes that you will see in the first year and how does that relate to their overall development? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Describe the 3 patterns that a baby's physical development follows. Classify reflexes, gross motor skills or fine motor skills. Explain the effects of heredity, nutrition, health, experiences and environment have on an infant's growth and development. Evaluate ways to nurture and bond with babies. Compare the benefits of breast milk and formula. Describe 5 ways to create a safe environment for baby at home.
<p>Unit Title: Emotional and Social Development in the First Year</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> What makes an individual unique? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> Compare and contrast emotional and social development. Explain the importance of attachment to emotional development. Describe how social behavior is learned. Analyze the relationship of play and exploration.
<p>Unit Title: Intellectual Development in the First Year</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> What developmental milestones will exist in the first year intellectually? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> List the functions each part of the brain controls. Identify the development of the brain pathways. Summarize the importance of sensory stimulation to the intellectual development of infants. Identify toys appropriate for the baby's age. Explain how babies develop communication skills.

<p>Unit Title: Baby Simulation</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • What experiences can prepare students today to be more knowledgeable and experienced parents in the future? • What role does the community play in shaping an individual? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Experience the demands of a young infant. • Master the care of Real Care Baby !! during the parenting simulation. • Reflect on personal readiness for parenting through discussion and personal reflection. • Describe how parents influence the formation of a person's values. • Calculate the approximate cost of a child for the first year. • Identify risks involved with infant equipment. • Identify child safety hazards in the home.
<p>Unit Title: Shaken Baby Syndrome (SBS)</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • What is needed to safeguard children? • What are the signs of child abuse and neglect? • What agencies have been set up to protect children? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Identify signs and symptoms of SBS. • Explain what happens physically when a baby or small child is shaken. • Formulate a plan for handling frustration, anger and stress when a baby cries.
<p>Unit Title: Fetal Alcohol Syndrome (FAS)</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • What health issues or risks related to alcohol should a pregnant woman be aware of? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Identify visible signs of FAS. • Identify that FAS is the leading cause of preventable mental disabilities. • List 5 possible symptoms of FAS.
<p>Unit Title: Drug - Affected Babies</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • Should women be held criminally accountable for knowingly exposing their unborn child to drugs? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Describe how nutrients, oxygen and drugs reach a developing fetus. • List the effects of prenatal drug exposure. • Identify long-term consequences of prenatal drug exposure.
<p>Unit Title: Physical Development of the Child from One to Three</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • How do you provide for the physical developmental needs of a toddler? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Identify changes in height, weight, proportion and posture from ages 1 to 3. • Compare fine and gross motor skills. • Plan nutritious meals and snacks for children. • Describe how to protect children from hazards in the home.
<p>Unit Title: Emotional and Social Development of the Child from One to Three</p> <p><u>Essential Questions:</u></p> <ul style="list-style-type: none"> • Why is it important to understand the emotional and social development of a toddler? 	<p>Students will...</p> <p><u>Learning Targets:</u></p> <ul style="list-style-type: none"> • Explain how self-concept develops. • Assess the importance of sleep in emotional development. • Describe patterns of social development. • Identify common behavioral problems and effective methods of dealing with them.

Unit Title: Intellectual Development of the Child from One to Three

Essential Questions:

- What things can you implement in growing the intellectual development of a toddler?

Students will...

Learning Targets:

- Describe how intelligence and environment affect learning.
- Explain how children develop concepts in stages.
- Identify the factors that affect a child's readiness to learn.
- Explain how parents and caregivers can guide the learning of young children.